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the SPECTRUM

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A 'wicked' good time for SHU families

Sacred Heart offers assortment of fun activities for all at Family Weekend



The Spectrum/Emily Cordero

Families register to enjoy the Family Weekend festivities this past weekend on Oct. 21.

Andrea Coronis
Staff Reporter

Family Weekend 2011 was held this past weekend at Sacred Heart University, and it was definitely a "wicked" good time -- as promised.

According to Denise Tiberio, associate dean of students, the University had roughly 500 families preregistered for the events, which began on Friday, Oct. 21 with an 80s-themed dance party. A band called Rubix Kube performed, and really brought the funk with their 80s cover songs.

On Saturday, Oct. 22, families were able to participate in a haunted tailgate, a spooky maze, and bingo as well as attend the Pioneers' football game and a special Broadway performance by the female leads of "Wicked."

The haunted tailgate provided students and families with a pleasing menu. Some of the items included New England clam chowder, lobster rolls, and apple cobbler.

"The tailgate was my favorite part," said freshman Amanda Carilli. "The food was so good and I loved that we could sit on the haystacks or on a blanket on the grass, instead of just at a table."

Families were scattered around the area sitting at tables, on the numerous haystacks placed around, or simply laying out a picnic blanket on the grass.

At the tailgate, there was also a haunted maze located near the tennis courts, which attracted many families.

"It was pretty scary," said sophomore Gina Malatesta. "But it was really fun walking through with all of my sisters, screaming and having fun."

The weather definitely played a substantial role in the excitement and turnout for Family Weekend.

"It was such a beautiful day to be outside. The sun was out all day, and it just made everything more fun," said Carilli.

The football game started at 1 p.m. The event attracted so many families that some were forced to sit on the opposing side.

The game was a close one, keeping the crowd very engaged and upbeat. Despite the Pioneers' loss, spirits remained high among the families because the game provided a chance for them to become reacquainted with one another.

See FAMILY WEEKEND on page 4...

Secret Service agent relives experience with students

Mike Peterson
News Editor

The career path Mike Sweeney has taken has been anything but conventional. In less than a year, Sweeney went from working as an accountant at Chase Manhattan Bank to covering the security detail of President Bill Clinton.

"I've had an amazing experience," Sweeney told students during a career presentation for the U.S. Secret Service. "I went from sitting behind a desk to traveling around the world."

During his presentation, held in Sacred Heart University's faculty lounge last Wednesday, Oct. 19, Sweeney described his career and gave an overview of life in the Secret Service. His stories made an impression on those in attendance.

Thomas Davis, an MBA student, was impressed by Sweeney's achievements.

"His experiences were very interesting," he said. "Starting off at Chase Manhattan, and then protecting a former president, is incredible."

Sweeney worked as an accountant before being hired by the Secret Service. His first assignment was protecting Clinton during his last year in office.

Sweeney also worked on the security detail for the Clinton family from 2004 to 2008. Their furious pace made his job very demanding.

"The Clintons didn't slow down when they left the White House," Sweeney said. "They traveled around the world doing work for their foundations. I was traveling to countries I'd never heard of, often on only a few days' notice."

Davis is in the Secret Service's hiring process, but he appreciates the demands of the job. "Having to get on a plane and travel at 10 p.m. would make it very hard to have a family," he said.

Sweeney also made it clear that the Secret Service is about more than protecting the president. S.S. employees also work to detect counterfeit money, bank fraud, and electronic crimes.

"When the organization was founded in 1865, it was strictly in charge of detecting counterfeit money," Sweeney said. "But when three presidents were assassinated in

36 years, we were put in charge of protecting the President."

Applicants to the Secret Service can expect to face an online application, a background check, a polygraph test, and a panel of judges. The organization does not generally hire applicants who have just finished college.

"We want to see that the world has beaten you up a little," Sweeney said. "It's a very demanding job, and it's definitely not for everyone."

Newly hired employees are forced to undergo six months of intense physical training, as well as training in firearms and criminal investigations. In addition, they often attend the Secret Service training academy in Maryland.

In order to complete their training, employees must be well prepared.

"If you're thinking about applying with us, you should join a gym and go on a strict diet," Sweeney said.

In spite of these demands, Sweeney says that joining the Secret Service was an excellent decision.

"It's been a great experience," he said. "I wouldn't change a thing."



The Spectrum/Chelsea Ilg

Political Science Chair Gary Rose talks with Spectrum about his recent book.

Rose's new book focuses on 'most volatile' CT congressional district

Ryan Giltenan
Staff Reporter

Connecticut is separated into several congressional districts. Perhaps the most volatile is the Fourth District, which encompasses the southwestern part of the state.

Dr. Gary Rose, chair of the political science department at Sacred Heart University, recently wrote an in-depth study on the Fourth District entitled "Connecticut's Fourth Congressional District: History, Politics, and the Maverick Tradition."

As he explained, there are several reasons why Rose chose to write a book on this particular district. One is its location.

"The university is located in the district, and I've been here for 30 years now," he said.

Another reason is his familiarity with figures from the district.

"Throughout my career here at Sacred Heart, I've gone to many interviews with media concerning the candidates and elections that are taking place in this district," Rose said.

According to Rose, the district used to only encompass Fairfield County. However, with new trends state-wide, the lines had to be shifted.

"Over the years, the shape of the district changed somewhat," said Rose. "This is due to what we call legislative reapportioning, when you

have to redraw districts based more on population than boundaries."

However, most of the district is still comprised of Fairfield County. It is represented by Democrat Jim Himes, who defeated Chris Shays in the 2008 election.

In recent years, Connecticut's Fourth Congressional District was the only one in New England to be represented by a Republican.

As Rose said, "Much of Himes' election in 2008 was due to the political coattails of Barack Obama, who was at the top of the ticket."

In 2010, however, Himes prevailed again, this time without help from Obama.

"In 2010, Obama was not on the ticket, so Himes stood on his own for re-election and prevailed again," said Rose. "This time he started to demonstrate that he really has established himself as a pretty formidable incumbent."

The Fourth Congressional District of Connecticut has always been a somewhat unusual one in terms of the people who have been elected.

"In a way, they have always been loose cannons. We call them mavericks, where they kind of always do their own thing," said Rose.

The book will be published this coming November. It can be pre-ordered through the Department of Marketing and Communications at Sacred Heart.

Conn. cuts casinos' security costs

Associated Press

Connecticut has yielded to requests from American Indian tribes seeking a larger law enforcement role at two of the country's largest casinos, slashing the amount the resorts will have to pay the state back for the services of state police troopers and other security agents, officials said Monday.

The assessments for state police, liquor control agents and auditors at the casinos have been reduced by a combined total of about \$4.5 million, Colleen Flanagan, a spokeswoman for Gov. Dannel P. Malloy, told The Associated Press. The assessments for the 2010-11 fiscal year were \$7.3 million for the Foxwoods Resort Casino and \$6.8 million for Mohegan Sun.

Flanagan said the cut reflects a commitment on the part of the state to shift some responsibilities to the tribes, which operate the casinos on sovereign land in rural southeastern Connecticut. She said both sides are still working out the details.

"We want to both demonstrate our respect for their sovereignty while ensuring protection of the state's significant interests in the operation of the casinos and the safety of their visitors," Flanagan said. She added that the adjustment will allow the

state to "use its resources more efficiently elsewhere."

The two casinos, which receive tens of thousands of daily visitors, are required to reimburse state security expenses under compacts signed with the state in the 1990s. But tribal authorities said they developed internal capabilities that allow them to fulfill the same duties as state agents — and often at a lower cost.

Mayor Peter Nystrom of Norwich, a city that borders the Mohegan reservation, said the administration's decision reflects a willingness to work with large businesses affected by the economy.

"This tells me our new governor is acknowledging the economic forces out there better than others," said Nystrom, a Republican.

Mohegan Sun is training more tribal police for casino patrols, and visitors will not notice any change in security, said Chuck Bunnell, the chief of staff for external affairs for the Mohegan Tribe, which owns the casino. He said the tribe can do the same work more cheaply because it does not have the same overtime issues as state police, who are unionized, and the transition will allow the state to put more troopers on the road.

♥ Open Your Heart

Helping out on Halloween

Students sweeten holiday for local children

Erin Burke
Columnist

Ever get that awful stomachache after you eat your entire bag of candy on Halloween? Well, the ONE campaign doesn't have the cure for that, but they can help you feel better about what you do to help the people of Bridgeport.

ONE will be conducting its Fourth Annual Reverse Trick-Or-Treat this Sunday, Oct. 30 from 4 to 6 p.m. Members from the ONE campaign, as well as Student Government, the Celtic Club, and Peace by Justice, will be going around to local Bridgeport neighborhoods asking for canned goods instead of candy. All of the collections will be given to the St. Charles Food Pantry. Over the last four years combined, Sacred Heart University has donated over 100 pounds of food to the pantry through ONE's Reverse Trick-Or-Treat alone.

This year, ONE is adding another twist to the event. Part of ONE's goal this past month was to work with a "1.50 a day" campaign that looks to raise awareness about the 1.4 billion people who are living off of less than \$1.50 a day. Several members of the ONE campaign have actually been living on \$1.50 a day for the past week and have been keeping video blogs that will be appearing on the ONE website in the near future.

Senior Ali Evers, vice president of ONE, commented, "It was hard. I was hungry all the time, and it was sort of stressful during midterms. But my brother made a good point when he told me that poor people can't choose when they don't have enough money to buy food."

In addition to participating in the challenge, they will also have a petition to be signed asking the government to help provide aid for people who are living well below the poverty line. They will be asking people to call their representatives and/or sign the petition as they go around for the Reverse Trick-Or-Treat. "We aren't asking for you candy; we're asking for your voice," said junior ONE members Caroline Herlihy and Lavinia Kronberg.

ONE is not the only organization that is doing something sweet for Halloween. Sacred Heart is hosting a SAFE Halloween event for the children of Bridgeport as well. On Sunday, Oct. 31 from 2 to 4 p.m., local children have the chance to come to campus and trick-or-treat in different rooms of the SC wing. Clubs on campus volunteer to take on and decorate a room with a particular Halloween theme, and have candy for the kids to collect.

This is a great opportunity for local organizations on campus to get their names out there and earn some credit with local citizens. It also gives these kids a safe alternative to trick-or-treating in their neighborhoods.

Trick-or-treating is a prominent memory in almost everybody's childhood. Kids should not be deprived of this ritual just because of where they live and whether or not it's safe. SAFE Halloween gives these kids the chance to have a real Halloween experience.

There are several ways to get involved this Halloween weekend. For more information on the Reverse Trick-Or-Treat, you can contact Erin Burke at burkee@sacredheart.edu. For more information on SAFE Halloween, talk to your student government representatives.

And as for that stomachache, I'd recommend Tums.



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Families reunite during past weekend's events

... CONTINUED from page 1



The Spectrum/Emily Cordero



The Spectrum/Samantha Purnell



The Spectrum/Samantha Purnell



Above and Left: The Spectrum/Lindsay Caiati



The Spectrum/Samantha Purnell



The Spectrum/Sean Elliott

"It was really cool seeing how many people came out for the game," said Malatesta. "My family and I were watching the game with everyone, but we were more focused on catching up with one another, which was great."

In the evening, a special performance drew in many families. The "Wicked" cast members told stories about performing, and sang songs from the famous show.

"Every year we really focus on bringing in some kind of Broadway performance," said Tiberio.

At the end of the weekend, students were glad that they had participated in the festivities.

"I had so much fun at Family Weekend. I loved being with my family and bringing them to the football game," said Carilli. "I wish they had these events more often, so I had an excuse for my family to spend more time up here."

You think pink, they think green

Theory accuses companies of profiting from 'pink' breast cancer promotions

Keisan Gittens
Staff Reporter

As breast cancer awareness month draws to a close, some people believe that the "pink" campaign supporting breast cancer awareness has lost its focus.

Karuna Jagger, the executive director of the San Francisco based group Breast Cancer Action, believes in a theory known as "pinkwashing."

This concept involves companies or organizations that promote breast cancer awareness by selling pink products, yet profit from them at the same time.

The theory of "pinkwashing" was news to many Sacred Heart University students.

"This is ridiculous," said junior Courtney Kozal. "My grandmother had breast cancer a few years back, and since then, I've wanted to donate to the cause."

Junior Kristen Fritz is a member of Zeta Tau Alpha, a sorority on campus

whose philanthropy is breast cancer education and awareness.

"We work so hard for this cause," Fritz said. "To know that there are people out there who are just using the color to make money is just wrong."

Items have been marketed and promoted just by using the color pink.

These items include, a Smith & Wesson 9mm handgun with a pink pistol grip, and a pink bucket available at Kentucky Fried Chicken.

"I think that that's kind of unnecessary, just random things being pink," said senior Steve Phillips.

The National Cancer Institute estimates that around 40,000 women will die of breast cancer this year, and 230,000 new cases will be diagnosed. This equates to one in eight women developing breast cancer at some point in their lives.

While pink may only be a color, sophomore Gaby Nue said that it has become symbolic of men and women's struggle

with breast cancer.

"I think that pink is a very bright vibrant color and it stands for the fight against breast cancer. You need something bright and vibrant to portray the fighting," said Nue.

The use of ribbons to promote awareness of various causes developed over time, from the 1979 American hostage situation in Iran to the 1990 AIDS awareness ribbons. The Susan G. Komen foundation first used the pink ribbon in 1991 and distributed them after a New York City race for cancer survivors.

Many students said that they have become accustomed to automatically linking pink with breast cancer awareness.

"Subconsciously, I feel like we have the idea of pink being supportive of breast cancer, so we think of that when we buy pink things," sophomore Spencer DeNisco.

Sophomore Arianna Narayan, also a member of Zeta Tau Alpha, said she usu-

ally buys pink products in support of breast cancer.

"After hearing about 'pinkwashing,' it's definitely false advertising," said Narayan.

Many students agreed and said that they will now look further into where the money from their pink purchases is going.

"From now on, I'll definitely take a second look before buying something that's pink," said senior Melissa Wolf. "Although it promotes breast cancer awareness, it's not fair that they don't donate the money to a cause."

Although many students said that they were not aware of this theory before, they said that from now on, they would make sure that their purchases benefit worthy causes.

"Pinkwashing" is such an immoral way for companies to gain a profit. They are using good-hearted people who want to donate for a cure in order to make money for themselves," said Kozal.

BlackBerry outage leaves bad taste in mouths of users

Christina Cominelli
Staff Reporter

A recent BlackBerry outage and loss of service left as many as millions of users without access to some of the phone's main features for a period of time a couple weeks ago.

The outage lasted three days, reaching almost every continent around the world, and began affecting the United States on Wednesday, Oct. 12.

BlackBerry users were mainly unable to text message and connect to the internet due to the outage, which was caused by a critical issue.

"I couldn't talk to my friends who had BBM, and I don't have some of my friends' actual phone numbers, so I had no way of contacting them if I needed to," said freshman Brianna Oakland.

BBM, or BlackBerry Messenger, is an application specific to BlackBerry that sends instant messages faster than standard text messaging. Many users rely on this application while communicating with their contacts.

"Because BBM was shut down, there was basically no purpose of having a BlackBerry," said freshman Jaclyn Bentivegna.

Phone calls still mostly worked for BlackBerry users, but along with BBM, other features and functions that require 3G access did not work for subscribers either.

"Both my BBM and e-mail stopped working. I had to restart my phone a few times. It was definitely an inconvenience not having my e-mail for a while," said senior Nicole d'Agostino.

Research In Motion, the maker of BlackBerry phones, sent out a statement apologizing to customers, and reporting that engineers



AP Photo

Many students on campus rely on BlackBerry smart phones.

were working to figure out why the backup system malfunctioned.

Some students said that they had almost no access to their BlackBerries at all.

"My BlackBerry was frozen and wouldn't let me touch anything. After about three hours, I was only able to touch the keys, but still not my screen," said sophomore Gina Calvanese.

"I took the battery out about four times and finally when I put it on the charger, it worked. I couldn't talk to anyone and I was stressing," she said.

Just one day without access to important features on the BlackBerry proved to be difficult for many who constantly rely on their phones for not only calling and texting, but communicating via e-mail and using mobile internet access.

"I rely on my phone practi-

cally 24/7 it's always on and with me," said Oakland.

"During the outage, it was difficult because I wasn't able to send out messages or get onto the Internet which is usually simple to do at hand instead of using my computer."

About 70 million people worldwide have the BlackBerry smartphone, and the service outage struck at an inconvenient time.

CNN reported that BlackBerry competes with other popular smartphones, such as the Android and iPhone, and the outage could have been a chance for BlackBerry users to convert to competitors.

"The BlackBerry outage was inconvenient, and I feel like more and more people have the iPhone," said Calvanese. "We don't know if BlackBerry will have more problems, and I might consider switching now, too."

Jobs' death gives way to iPhone 4S

Nate Milbank
Staff Reporter

Several weeks ago, America lost a great entrepreneur and visionary. Steve Jobs, the co-founder and CEO of Apple Inc. passed away after his eight-year battle with pancreatic cancer.

Weeks before his death, Apple announced that they would be releasing a new version of their latest iPhone, the iPhone 4S, starting at \$199.

This iPhone has a much more powerful processing power, allowing applications to run even smoother than its predecessor. Apple's website also highlights the new products crisp display.

According to the site, "The Retina display is the highest-resolution phone screen ever. In fact, the pixel density is so high that the human eye is unable to distinguish individual pixels."

The iPhone 4S also comes with a built-in eight megapixel camera with HD capabilities, and its own built in assistant.

iPhone users will be able to ask questions to "Siri," the phone's programmed assistant.

Siri uses voice commands to send messages, schedule meetings, place phone calls, and more."

With Apple's future clouded in uncertainty, are consumers willing to pay the \$200 for this new iPhone?

According to several students, in spite of Jobs' passing, they are in no rush to buy the latest model.

"Since I already have one, I don't think I would buy another one," said junior Christa

Capelli. "But even if I didn't have one, I don't think his death would affect me buying Apple products."

Though Jobs was the CEO of Apple Inc., his name did not overshadow the brand name of Apple.

"I don't think I bought a Mac because of him, I just bought it because it was a good piece of technology," said junior Monica Valente.

For some, the iPhone 4S is just another redundant product, marketed as new and improved to make money.

"I already have an iPhone 4, so I'm just fine," said Communications Professor Greg Golda. "I don't get too excited about the latest and greatest gadgets, I just use what's functional."

Meanwhile, others will keep buying various incarnations of the product because of its brand name and Job's influence on the company.

"I already have an iPhone, and my whole family has them, so I'll keep buying them," said junior Alex Danais.

According to PC Magazine, the iPhone 4S has currently sold over four million units in its first weekend, making it Apple's best-selling iPhone to date.

With this likely to be one of the last projects Jobs has worked on, will Apple lose the consumers who were loyal to him or will they stay for the brand name?

"Steve Jobs has done a lot for the company, so I will continue to buy iPhones whether he's the CEO or not," said Danais.



The Spectrum/Sean Elliott

Technology in the classroom: out with the old, in with the new?

Julie Baumgart
Staff Reporter

Whether you're posting group discussions on Blackboard or listening to a podcast for homework, technology has made its way into the classrooms of Sacred Heart University, and it's here to stay.

Most students said that the integration of technology into classrooms heightens their learning experience.

"Technology can be an asset to the classroom if teachers can properly use [it]," said sophomore Ashleigh Betso.

"At my high school, there were seminars and instructional videos for teachers so they could learn how to use the Smartboard and power point."

Others agreed and said that technology within the classroom opens the doors to a variety of information you wouldn't typically be exposed to.

"I think technology is great in the classroom because you can get all the information you need and you can get anything up to date," said Betty Olofson, psychology department administrative assistant. "If it goes along with the class and the syllabus, then technology is a good thing to have."

Many students said that technology in the classroom is not only a great tool, but that it should expand throughout Sacred Heart classrooms.

"Fairfield University has a system of using a remote control to take practice quizzes online in the classroom," said freshman Alihumza Sumra. "That would be useful here because it would help the students to be more focused. It would also be great for class participation and it would help the professors."

Although many Sacred Heart professors incorporate technology into their classroom activities, some professors said that there were certain courses in which it may not be necessary.

"I teach literature, and that is all about learning to read a written poem or fiction intelligently and sensitively to get as much meaning as possible from the words," said English Professor Robin

McAllister. "A lot of students are not used to reading for a sustained period of time.

"They are on-line all the time instead. The computer is great for communicating with students, and those professors who have grown up using it know how to use it effectively in class."

Some students said that their professors do not utilize the technology that is available to them in the classroom.

"None of my teachers use computers," said sophomore Gabrielle Scozzari. "Some students even ask to do the [projector screens] for them. Teachers are not educated enough for them and do not know how to use them properly."

Although technology can contribute to the educational environment of a class, some said that computers in the classroom sometimes create a tempting diversion.

"In larger classes, the laptop is often an excuse for wasting time in class e-mailing, shopping on line, playing games, and exchanging photos of yesterday's party, etc," said McAllister. "When I see three of my students bending their heads over one laptop and giggling, I know they are not paying attention to what is going on in class."

Besto said that she sometimes becomes preoccupied when using her computer in class, and benefits from a more traditional style of learning.

"I get too distracted with my laptop and I do not like Power Point because the teachers just read off of them. I like note-taking more," said Betso.

Scozzari agreed.

"I prefer paper to pen and I do not bring my laptop to class," she said.

McAllister said that in the end, the students who browse the internet or play games during his class are missing out on their education and taking advantage of technology in the classroom.

"Students react angrily if I remind them that their parents may be spending a lot of money to send them to Sacred Heart, but they are wasting their parents' money by wasting time in class," said McAllister.

He Said/She Said

What do you do when your parents dislike your significant other?

Joseph
Buquicchio

He said



I'm an absolute momma's boy. If my mother thinks that a girl I'm with is not right for me, then I'm betting she's right. The only girls that have met my mother were girls that were worth meeting my "number one girl."

There are so many times in my life where I look back and think, "Damn, I should have listened to my mother." So when it comes to parents disliking my significant other, I would really think twice about whom the significant other is.

In those cases where you think your parents are judging your "boo" harshly, explain to them they are not as bad as they seem -- and then prove it to them.

If the relationship you're in is a good one and you want your parents to like the girl, you must act like she's the best thing since sliced bread.

Act like you're the happiest you can be. Show them you're in a good place in your life and your girl is someone who is helping support that. Show them that you want to be the best you can be because of her. You know your parents can't be too upset about that.

If you show your parents that dating this person is a really good thing for you, they won't necessarily think that your significant other is such a bad person. If your parents dislike your significant other and their reasoning is justifiable, then perhaps it's a sign for you to take a step back and reevaluate your relationship.

In no way, under any circumstances, tell the person that you're with that your parents don't like them. There is no good that can ever come about from that. It will bring about questions that you won't want to answer and fighting that you don't need to deal with. This is one of those cases where it is okay to lie to your girlfriend.

Think about how you would feel if her parents didn't like you, and if you've ever given them any reason to not like you. Has your significant other given your parents a reason to not like them? When your significant other is someone who's important to you, you want everyone else in your life to like them.

It's difficult to be in a relationship when a friend doesn't like the person you're with, and it's even harder when your parents don't like them. Your friends and parents want what's best for you. They want to see you with someone who makes you look like you're glowing from spending time with them. That's why we're in these relationships in the first place -- because you make each other happy and make each other's lives more enjoyable.

Be careful who you give your heart to. Maybe there's a reason your parents dislike them. At the end of the day, it's your life, do with it what you please, and have no regrets. Stick your chest out and realize you can handle anything life throws your way.

If you got a girl who supports you and truly cares for you, and who still gives you those butterflies when you see her, hold on to her with every ounce of your being -- who cares what other people say.

If your parents really have such a problem, then what they don't know won't hurt them. Embrace the chaos and just have some fun.

Arielle
Mangiaracina

She said



The best way to ensure your parents don't have a problem with your significant other is to not introduce them. Sometimes that is not a logical option. So what do you do if your parents dislike your significant other?

Don't force it. Making your parents spend time with your significant other often is not going to make your parents like him any more. In fact, it will most likely have the opposite effect, as your parents will grow resentful of your significant other.

Ask your parents what they don't like about your boyfriend. Is it something about his personality? Is it the way he treats you? Address the situation and discuss it with your parents.

Try to understand your parents' point of view instead of just telling them they are wrong or arguing with them about it. Be mature and honest about the situation. Make sure you make your parents comfortable with telling you their concerns. Listen to what they have to say and show them you respect their opinion.

In a non-combative way, explain to your parents all the things you love about your significant other. Explain to them the positive attributes he has that perhaps they don't recognize. Tell them about the things he does that make you happy. Explain to your parents why you two are a good fit.

See if there is anyway you can try to fix the situation. Is it the way your significant other acted toward your parents? If so, see if you can gently suggest to him to not behave that way again.

Ask your parents to give him another chance. Explain to them that you understand they don't like him, but ask them to please keep an open mind because you happen to be very fond of this person.

If your parents aren't fond of your significant other, don't give them any more of a reason to not like him. Did your boyfriend do something that really irritated you? Don't call your mom to vent about it! That will just give your parents more reason to dislike him. Always keep conversations about your significant other positive. Did he bring you flowers for no reason? Help an old lady cross the street? Make sure you mention that the next time you talk to mom and dad.

Finally, give it time. Don't rush anything or try to push your significant other on your parents. Give your parents a chance to get to know your significant other and to see all the amazing qualities in him that you see. Allow your parents and your significant other to start their own relationship.

Obviously, they don't have to love each other after meeting for the first time. However, they do need to respect each other and be civil. Don't influence your parents' decision by trying to persuade them. Remain neutral and allow your parents to gradually change their opinion.

Ultimately, most parents just want their children to be happy. Thus, if your significant other doesn't have any major character flaws, your parents will probably overlook whatever they dislike about him because they know he will make you happy.

It's all about the money

Dan Otzel

Asst. Sports Editor



I know it's about money.

It's always about money.

However, when the University of Pittsburgh and Syracuse University announced their eventual departure from the Big East Conference to the Atlantic Coast Conference, part of me died. It was the part of me that cherished every March – not for the NCAA men's basketball tournament, which the whole country enjoys, but for the Big East Tournament, which was uniquely their own.

The week before the Big Dance is (other than baseball season) my favorite time of year. It's a time when all sports fans in this area turn their attention to the world's greatest venue in the world's greatest city. The Big East Tournament, in New York City's Madison Square Garden, is an unmatched spectacle. The 16 basketball schools that make up the conference descend on Seventh Avenue for a five-day battle royal that determines the Big East champions.

ESPN covers every game, from Tuesday morning until Saturday night, allowing viewers from all over the nation to observe the physical, nerve-wracking competition that defines the Big East.

What the television viewer cannot take in is the true essence of the tournament.

I've attended countless sporting events, from preseason exhibitions to championship games. Nothing, and I mean nothing, can compare to the Big East Tournament.

As a whole, the schools, coaches, and players make the Big East the best conference in college basketball. But, that is only half the story.

The energy, excitement, and passion that exudes from the Garden is unmatched. Massive congregations – made up of students, alumni, and fans – from each school flood into the arena to tirelessly root their boys into champions.

The unbridled emotion and eternal dedication of the fans make the Big East tournament what it is – a roller coaster of endless devotion mixed in with the NCAA's best basketball.

It is an experience that all enjoy and a source of pride for people in our area, who call the spectacle their own.

This is especially true for Syracuse fans.

A charter member of the Big East, orange-and-white clad Syracuse fans annually make their congregation the largest and most vocal contingent at the tournament. Their pride, coupled with the yearly strength of their team, make them a Big East Tournament staple.

Pittsburgh, too, with many of their players coming from the New York City area, is a school that packs the Garden physically and emotionally.

I know it sound absurd that, with 14 schools remaining and expansion on the horizon, the Big East Tournament has lost some its luster, but it has.

The exodus of Syracuse and Pittsburgh to the ACC (for the greener pastures of the gridiron) marks the end of the Big East Tournament's Golden Age – an age of pride and passion that I once called March.

And, it kills me inside.

It's always about the money.

Confessions of a college commuter

Liz Lezama

Asst. Perspectives Editor



All I am thinking about as I walk down the halls of Sacred Heart University is time.

Will I have enough time to eat after class?

How long will it take me to drive from school to either work or my internship?

How early do I have to leave to find a parking space at school and also manage not to be late to class, as I always am?

These questions pester me every single day and they have found a permanent home in my head. They are the thoughts of a part-time college commuter.

Commuting to a university automatically isolates you. As I walk around the school, I see students interacting and forming plans for the night.

Instead, I am thinking about bills, work and the gas I need in order to reach my destinations. I will never experience college in the same way that a dorm student does.

However, the isolation cannot be blamed entirely on being a commuter. This year I have taken the initiative to involve myself in the school community by becoming an assistant editor for the Spectrum.

While there is still a divide, my involvement has allowed me to meet new people and form new friendships.

Fellow part-time students that I am close with have noticed a change. While they arrive to school half an hour before a class starts to make sure they are not tardy, I have been at school for hours. They ask if I am on campus and the answer is now, most certainly, yes.

As they mill around the school in search of something that will kill time, I am forming memories and experiences that will never leave me.

Time and time again they remark on the positive impacts that will ensue from my participation with the school, and yet they choose not to be involved themselves.

The issue I think part-time students and commuters have is the fear of breaking out of their comfort zone—at least that was by biggest problem. I implore all commuting students to become involved with your school.

Although my free time has become considerably decreased, my time spent on campus and in the Spectrum office is worth all the time constraints I presently have.

Becoming involved in your school community can open many doors, not only in the professional sense but also in your development as an individual.

Not only has my resume benefited from my involvement but I have also grown as a person. My social and communication skills have been impacted by my involvement, and that's what happens when you surround yourself with people.

Even if I still do not have the same experiences as a full-time dorm student in the sense that I will never live on campus, attend dorm parties or fully understand the campus "lingo," I now feel as if I am getting the "college experience."

SPECTRUM

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Editor's Choice

Favorite photos taken by your Spectrum staff



The Spectrum/Jessica Geraghty

A pumpkin patch at Silverman's farm offers a variety of pumpkins to pick.

The editorial pages are an open forum. Letters to the editor are encouraged and are due by Sunday at noon for consideration for each Wednesday's issue. All submissions are subject to editing for spelling, punctuation, and length. Letters to the editor should not exceed 400 words and should be e-mailed to spectrum@sacredheart.edu. The Spectrum does not assume copyright for any published material. We are not responsible for the opinions of the writers voiced in this forum.

The Spectrum
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Women of 'Wicked' wow audience during Family Weekend event

Caitlyn Wrynn
Contributing Writer

"Wicked" stars, Dee Roscioli, Jennifer Dinoia, and Katie Rose Clarke followed the yellow brick road all the way to Sacred Heart on Saturday, Oct. 22 for a performance in the Edgerton Theater.

With a combination of singing and storytelling, the Broadway stars entertained students and parents as part of the family weekend festivities.

During their performance, Roscioli, Dinoia, and Clarke, said this show was particularly special because it was the first time they were all on stage together since their last performance of "Wicked."

The women shared many behind the scenes secrets, some which are on the list of their most embarrassing moments.

Clarke told a story about a wardrobe malfunction that occurred when she played the character Glinda, known by fans as "the good witch."

"I was slowly being lowered to greet the munchkins in a huge ball gown, makeup all done... bald," she said.

The show had an intimate feel, and it was through the women's recollections that those watching were given a glimpse into what goes on behind the curtain -- specifically the work that

goes into being on stage.

The auditorium was loud with laughter, but as soon as the three started to sing, the room fell completely silent.

The three women brought an interesting dynamic to the show, performing songs from other Broadway shows as well.

Roscioli sang, "Memories" from "Cats," and Clarke sang, "The Light in the Piazza," from a play of the same name, her debut show on the New York stage.

Freshman Matthew Wrynn had hesitations about attending the event, but he now has a new appreciation for the Broadway tunes.

"At first I didn't want to go, but I actually had a good time. The songs are really catchy," he said.

Clarke then went on to sing one of Wicked's most well known songs, "Popular." Taking from her performance experience, Clarke engaged the audience by being incredibly animated all night. The audience almost never stopped smiling.

Dinoia's ability brought the crowd to their feet, even impressing her co-stars.

Clarke and Roscioli joked, "I wish I could hit notes like that."

Roscioli, who played "Wicked's" notorious witch Elphaba, continued her role in the spotlight, performing the most numbers of the night.



The Spectrum/Samantha Purnell

The ladies of 'Wicked' wowed the crowd during family weekend.

The night's success was marked by the audience's reaction to the show's finale. As Roscioli announced the end was near, there was a collective sigh throughout the theater. The women laughed and said that was the reaction they were hoping for.

The event fit well among the weekend activities, as many students, such as freshmen Jen Correnty and Danielle Demonte, attended with their visiting families.

"I really enjoyed the show. My favorite song was 'Defying Gravity,'" said Correnty.

The night's performance left Demonte wanting to purchase tickets to see the actual Broadway show.

"I've seen 'Wicked' twice and hearing these songs made me want to go see it again," said Demonte. "I wish they sang 'Loathing.' That's my favorite song."

Before the night came to a close Roscioli awed the audience with her rendition of "Somewhere over the Rainbow."

There was a roaring applause before everyone parted to go on with the rest of their family weekend festivities.

Professors ditch classroom and hit stage

Chris Hindenach
Staff Reporter

Many performers have taken the stage at the Edgerton Center for the Performing Arts at Sacred Heart University.

However, rarely are the stars the familiar faces we see at the head of the classroom during school hours.

Sacred Heart professors Dr. Joe Utterback, and Joseph Carter will be performing tonight (Oct. 26) at a free-admission faculty concert.

Carter, who has been playing music since age 9, has traveled around the world to find new musical inspirations.

"Because music is an international language that does not have any borders, I have taught and performed concerts in nightclubs around the globe: France, England, Germany, India, and Brazil," he said. "In all of those places, I sought out the best of the local musicians to perform with and to learn from."

He finally settled on a Brazilian-infused sound,

and formed The Joe Carter Samba Rio Trio, consisting of himself on guitar and viola, Professor Leco Reis on acoustic bass, and Nanny Assis on drums and percussion.

After successful European and the U.S. music tours, he decided to give back to young adults, and started teaching at Sacred Heart in 1987.

"SHU was a commuter school. It was myself and the head of the music program as the only music instructors. I was asked to teach guitar and music theory," he said.

Carter is also credited with adding diversity to the department's course offerings.

"I brought the History of Jazz and the Music of Latin America and the Caribbean to the school," he said.

Alumnus Chip Clark was a student in Carter's History of Jazz course, which left a lasting impression on him.

"Carter is a very cool teacher," he said. "He's very passionate about music in general and that is a necessity. The History of Jazz was one of my favorite classes when I was a student."

Today, the professor is also head of the Jazz

Ensemble, along with teaching private guitar lessons.

Junior, Chris Mastrocola, who is involved in the jazz ensemble, respects that Carter brings an open mind-set and patient learning environment to class.

"Carter is an astounding musician and very talented when it comes to playing the guitar," said Mastrocola. "More importantly, he is the perfect teacher for ensemble, because he is so relaxed and mellow. Learning comes naturally to him."

Utterback will be performing original songs as well as some of his favorite jazz pieces on the piano.

Carter is planning to use his time on stage to expose students to a new sound of music, performing music from, what he describes as, "Brazil and beyond."

"I believe as people mature, their musical tastes mature also," said Carter. "When in college, you no longer like music you listened to in high school, because you've grown as a person with more life experiences."

The music faculty concert series will be held in the Edgerton Center tonight, Oct. 26 at 7:30 p.m.

'Paranormal 3' sets record with \$52.6M debut

Associated Press

two weeks.

"Paranormal Activity 3" had a supernatural hold on moviegoers, luring them in with a record-setting \$52.6 million opening.

Monday's final figure was slightly lower than the \$54 million Sunday estimate from Paramount Pictures, but it's still the biggest debut for a horror movie and the biggest October opening ever. The third film in the low-budget fright franchise is a prequel featuring found home-movie footage from 1988.

The top 10 movies at U.S. and Canadian theaters Friday through Sunday, followed by distribution studio, gross, number of theater locations, average receipts per location, total gross and number of weeks in release, as compiled Monday by Hollywood.com are:

1. "Paranormal Activity 3," Paramount, \$52,568,183, 3321 locations, \$15,829 average, \$52,568,183, one week.

2. "Real Steel," Disney, \$10,824,512, 3412 locations, \$3,172 average, \$66,732,152, three weeks.

3. "Footloose," Paramount, \$10,351,207, 3555 locations, \$2,912 average, 30,364,238,

4. "The Three Musketeers," Summit, \$8,674,452, 3017 locations, \$2,875 average, \$8,674,452, one week.

5. "The Ides of March," Sony, \$4,853,051, 2042 locations, \$2,377 average, \$29,112,377, three weeks.

6. "Dolphin Tale," Warner Bros., \$4,217,260, 2828 locations, \$1,491 average, \$64,407,935, five weeks.

7. "Moneyball," Sony, \$3,981,852, 2353 locations, \$1,692 average, \$63,640,746, five weeks.

8. "Johnny English Reborn," Universal, \$3,833,300, 1552 locations, \$2,470 average, \$3,833,300, one week.

9. "The Thing," Universal, \$3,069,875, 2995 locations, \$1,025 average, \$14,049,220, two weeks.

10. "50/50," Summit, \$2,835,208, 1932 locations, \$1,467 average, \$28,820,748, four weeks.

New 'Footloose' lives up to hype



AP Photo

Julianne Hough takes her skills to the big screen.

Lisa Panzarino
Staff Reporter



"See, this is our time to dance. It is our way of celebrating life. It's the way it was in the beginning. It's the way it's

always been. It's the way it should be now," said character, bad-boy Ren McCormack to the town council.

"Footloose" takes place in the small town of Bomont, Ga., after a wild night of partying, drinking, and of course dancing, a group of teens driving home are killed in a car accident.

The accident caused the small town to place strict rules for teens under the age of 18, one being a ban on public dancing.

Three years after the accident, the rebellious and free-spirited Mayor's daughter, Ariel (Julianne Hough), begins to sneak around after curfew. She tries to keep out of authorities' eyes while she goes to dance parties. During this time, the new guy, Ren (Kenny Wormald), comes to the town from Boston to live with his aunt and uncle.

Being the new guy in town, he runs into a few problems with local authorities and Ariel's boyfriend, Chuck, who does not like the bond forming between the two.

Ren is shocked that dancing is banned from the town, so he starts a petition to allow public dancing again.

Despite his inspirational speech in the town meeting, Ren could not get the authorities to give in. However, this does not stop him. He finds a new location and holds a dance where everyone is free to bust a move.

Stepping into the role of Ren, Wormald had big shoes to fill after Kevin Bacon's performance in the original "Footloose." Wormald handled the part with style and brought incredible dance skills to the screen, winning the hearts of many.

Hough stepped away from "Dancing With The Stars," and stepped into her role as Ariel, bringing an incredible rhythm to her character. Her dance moves had a sensual feel mixed with class, and gave a modern twist to the original 80's moves.

"Footloose" will have you taping your feet and humming along. This movie will stay in the hearts and minds of fans for years to come.

Get Reel gives "Footloose"



facebook

Halloween Picture Contest

How to Enter:

In Facebook, search for "Spectrum Newspaper".

Post your Halloween picture to our page.

The best one will be posted in next week's paper!

Post by October 31.



Halloween horrors: girls undress to impress

Alyssa Amoroso
Staff Reporter

Junior Luz Caceres threw on a black T-shirt, looped ribbon and streamers around her arms, placed a party hat on her head, pulled up her adult-sized pampers, and was ready to have a great night.

Yes, it did happen to be Halloween, however many people may still find this surprising. Caceres was a "Party Pooper" for Halloween and proudly wore a sign that stated so.

"I'd rather be funny and creative, than set a bad example for my younger sisters," said Caceres. "Halloween is more enjoyable when you can just have fun with it."

Like Caceres, graduate student Lindsay McGrath never felt the pressure to dress a certain way on Halloween. However, she did take note of the popular Halloween styles sold in stores.

"The design of the Halloween costumes themselves adds to the pressure -- they all have short skirts and low-cut tops," said McGrath. "But I personally have always avoided those costumes. I was Snow White for three years straight."

Stores like Party City, seasonal Halloween stores, or popular online websites offer sexy adult costumes. A majority of the costumes can be racy and have names such as "Sexy Tigress" and "SWAT Hottie."

"There's definitely pressure to dress slutty," said senior Francesca Furci. "Halloween in college has become a day where you can wear as little as possible rather than being innovative and creating an original costume."

McGrath agrees that Halloween has become less

about being creative and more about giving girls an excuse to dress inappropriately without being judged or labeled.

"A majority of girls are trying to look 'hot' on Halloween and the rest of the people who don't want to look like outcasts dressed as a ghost or whatever," said McGrath.

Delilah Rumburg, CEO of Pennsylvania Coalition Against Rape and the National Sexual Violence Resource Center in Enola, Pa., agrees that Halloween costumes have taken a turn.

In a letter to the editor to The York Daily Times, she said, "Many of today's Halloween costumes are downright frightful -- not because they're gory, but because they sexualize girls and women. A lot of costumes for girls, even very young girls, have features such as low-cut tops, padded busts, short skirts, and accessories such as fishnet stockings."

Rumburg is not the only one upset by today's costumes. Recent controversy surrounding an adult costume named, "Anna Rexia" has been a topic for discussion. CNN Health online reported a story about the repercussions of using a deadly disorder as fodder for a Halloween costume.

The ensemble features a tight black dress with a skeleton silhouette, a bone headband, a name-tag shaped in a heart, and lastly, a measuring tape ribbon belt.

However, despite the controversy surrounding many of the costumes, they are still being purchased by girls each Halloween.

"A lot of costumes could be inappropriate and it's up to the person whether or not they want to portray themselves that way," said Caceres.



Are you too old to celebrate Halloween?

Meghan Pero
Staff Reporter

The smell of fall air and the sound of leaves crunching under your feet, knowing that within a few mischief-filled hours you will be in possession of a seemingly endless supply of candy -- does this bring to mind sweet memories of your Halloween past?

While this may not be the reason for enthusiasm among college students, the holiday is still widely observed on campuses around the country.

"I'm spending my Halloween with my good friends and of course we're dressing up," said freshman Gordon Ryan. "We are all going to be bottles of liquor."

While Ryan is very excited for his first college Halloween, he says his family has made an impact on his experience as well.

"A lot of my family still dresses up for Halloween ... You're never too old to dress up," he said.

While many of the costume choices have drastically changed, the spirit of Halloween seems to live on, well into adulthood. But how old is too old?

"There is no age limit on Halloween," said graduate student Katy Edsall, "It's important even as we get older to do things that remind us to not always take life so seriously."

For Edsall, Halloween is about the ability to get in touch with a part of herself that is lost in the stresses of every day life. She would not comment on her costume choice, however she confirmed that dressing up will be a part of her Halloween plans.

However some, like junior Jacqueline Willy, will argue that Halloween should be left in childhood.

"Halloween should be about kids having fun, and I feel making it about partying can ruin it for kids," she said.

Willy went on say that she thinks Halloween can have an age limit, "I think 16 is a good age to stop dressing up."

However, some disagree, and students are not the only ones gearing up for the holiday.

English professor Dr. Sandra Young explained her plans for the holiday this Monday.

"While I haven't dressed up in years, we do put our greyhound Cooper, in a costume," said Young. "This year he will be a clown."

Young enjoys handing out candy to neighborhood children and seeing all their smiling faces. She believes you do not need to be in costume to enjoy the spirit of Halloween.

Students and professors agree that there are many ways in which to celebrate the spirit of Halloween. You can dress up to go out or stay in, hand out candy, or spend time with family members.

Edsall plans to pass her enthusiasm for the holiday on to her own children one day.

"If I have children I will definitely help them make their costumes and hopefully show them that it's a time to let their imaginations run free," Edsall said.

For those who choose not to dress up and partake in the Halloween spirit, "October 31st" is just another day on the calendar.

However, for others, it is a piece of childhood they are not yet ready to let go of.

"Trick-or-treating is for kids, but adults at Halloween are at liberty to let their freak flags fly, so why not?" said Young.



Students "dress up" for their Halloween weekend last year.

The Spectrum/Jessica Geraghty

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A social network affects more than your social life

Recent studies link Facebook to user self-esteem

Mia Selvaggio
Staff Reporter

While on Facebook, did you get "poked," "tagged," or "friended?" If so, did your day suddenly get a little bit better?

Sacred Heart University students and faculty realize that some users may experience higher levels of insecurity because of their obsession with the popular social media website.

"I think females feel insecure because they are constantly tagging and untagging photos of themselves so they look their best," said Graduate Assistant of Volunteer Programs, Brandon Boeswald.

"Users' statuses will usually always have a positive connotation because they want other people to see how 'happy' they are," he said.

According to MailOnline.com, several studies showed that Facebook users are, what they described as, "insecure, narcissistic and have low self-esteem."

Those who spend the most time updating their profiles are more likely to be narcissists. However, in some cases narcissism can be linked to insecurity.

"In my opinion, Facebook can have a negative effect. Someone who has many 'friends' on Facebook may feel good about themselves and someone who doesn't, may not," said Dr. Debbie Danowski, associate professor of communication and media studies and author of several self-help books.

While Facebook has the ability to lower self-esteem for those considered narcissistic, it has the adverse ability

in others.

"[It] allows those who have low self-esteem to gain some sort of confidence. It gives them a way to hide behind what they post," said senior Peter Penizotto.

The constant monitoring of photos and tags can skew a user's perception of him or herself.

"I think it makes people much more critical of themselves since their appearance is ultimately the main focus of their page, through tagged photos, albums, and profile pictures," said senior Delaney Downing.

Often times, users make sure to post their best photos so that more people want to be their friend.

"The problem with this is that self-esteem is based on how many people are 'friending' them. This is not healthy," said Danowski. "A strong and healthy self-esteem is based on feeling good about yourself from within and not on outside 'clicks' or electronic 'friends.'"

In reality, many Facebook users barely even know the people that they are "friends" with.

"I believe there is a difference between friends and Facebook friends. Some of the people that I am friendly with on Facebook are not my genuine friends," said senior Matthew Ferrino.

Also, Facebook can be used as a tool for friends to post negative comments about other people.

"It allows some people to be cowards hiding behind the typed word when they insult and bully others," said senior Katherine Formica.

However, when used for its main purpose -- to connect people -- Facebook can be seen in a positive light.

"I use Facebook to communicate with my friends from home when I am away at school. I also use it to look

at how people are doing if I haven't seen them in a while," said senior Elizabeth Sawicki.

And while many users admit to frequently looking through their tagged photos, that doesn't necessarily classify them as narcissists.

"Once I post a photo album, I go back to it a few times, but I don't obsess over how I look in the pictures," said Sawicki.

"Sometimes I find pictures where I ask myself why I wore that outfit or why I made such a stupid face, but I do not analyze every picture positively or negatively," she said.

"I think it makes people much more critical of themselves since their appearance is ultimately the main focus of their page, through tagged photos, albums, and profile pictures."

-- Delaney Downing, Senior

The obsession of sitting on Facebook can do more than just waste hours of your day. However, it effects all of its users differently.

"If you truly have healthy self-esteem than Facebook shouldn't have any bearing on how you feel about yourself," said Danowski.

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Scoreboard

Friday, October 21

W. Soccer

SHU- 1

Wagner- 0

Field Hockey

SHU- 3

Bryant- 2

Saturday, October 22

Football

SHU - 17

Monmouth - 31

W. Volleyball

SHU- 3

CCSU - 1

W. Ice Hockey

SHU- 0

Brown - 10

Sunday, October 23

Field Hockey

SHU -4

Sienna - 0

M. Soccer

SHU- 2

CCSU - 0

W. Soccer

SHU- 0

LIU - 1

W. Volleyball

SHU- 3

LIU - 2

On Deck

Friday, October 28

M. Tennis @ Conn. State

Championships

TBA

Field Hockey @ Quinnipiac

3:30 p.m.

W. Soccer vs. Monmouth

7:00 p.m.

M. Ice Hockey @ American

International

7:05 p.m.

Saturday, October 29

XC @ NEC Championships

10:00 p.m.

Football @ Robert Morris

12:00 p.m.

W. Ice Hockey vs. St. Anselm

2:00 p.m.

Sunday, October 30

Swimming @ Iona

TBA

W. Soccer vs. Mount St. Marys

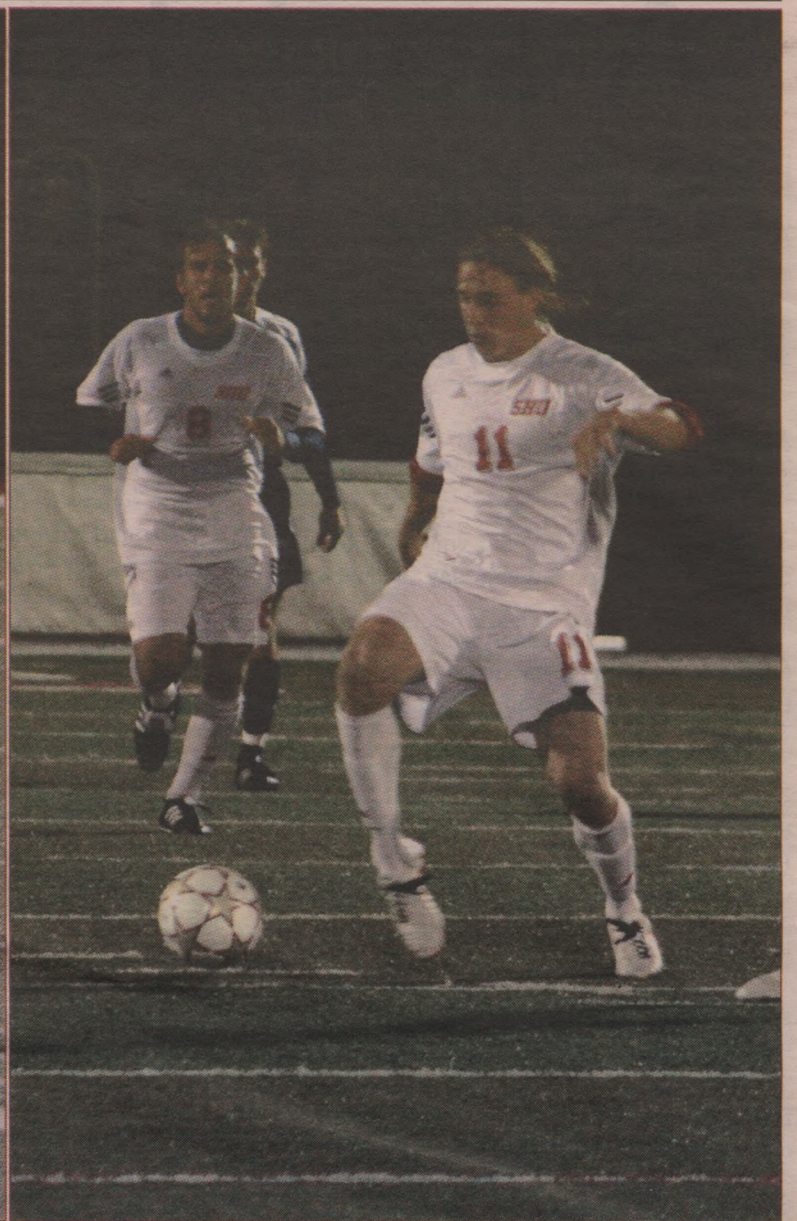
12:00 p.m.

W. Volleyball vs. FDU

1:00 p.m.

M. Soccer @ St. Francis

1:00 p.m.



The Spectrum/Emily Pepe

Aaron Burrell (#23) and Justin Brewer (#11) display their dribbling abilities. The Pioneers are 4-1-2 in conference play.

PIONEERS DEFEAT CONFERENCE RIVALS, GO UNBEATEN IN PAST SIX GAMES

Emily Pepe
Staff Reporter

In a Northeast Conference clash, the Pioneers increased their unbeaten streak to six games Sunday against the Central Connecticut State Blue Devils.

The Pioneers defeated the first place Blue Devils 2-0 to improve their record to 8-4-3 and 4-1-2 in conference play.

"This is a huge win for us," said junior forward Brian Francolini on the Pioneer Vision.

"It brings us up in the standings and hopefully holds CCSU down."

In the first half, both teams exchanged several shots before Sacred Heart was awarded a free kick in the 39th minute from 30 yards out.

Senior defender Marcello Castro took advantage of the free kick sending it past Central's goalkeeper Anthony Occhialini, and giving the Pioneers a 1-0 lead.

Senior Goalkeeper Alex Fait kept the Blue Devils scoreless as he made just one save in the first half while Central's goalkeeper made two saves, letting up one to give the Pioneers the lead at half.

In the 52nd minute of the second half, Sacred Heart's Francolini took a shot on goal but was stopped by Central's Occhialini.

But in the 59th minute, Francolini had the chance once again to score when freshman defender Artur Jorge sent the ball past Francolini's defender, giving him a one-on-one with the goalie.

This time Francolini wouldn't be denied as he sent the ball past the goalie giving the Pioneers a 2-0 lead.

"I had the defender one-on-one and A.J. just hit a beautiful ball right over his head. I just took it down, saw the keeper out, and I just put it past him," said Francolini on the Pioneer Vision.

The Pioneers had several other chances

to increase their lead but Central's Occhialini was there to keep the Pioneers from scoring any more.

The defense for the Pioneers helped keep the Blue Devils off the board while Fait came up with four saves on the day and recorded his seventh shutout in the season.

"The rest of the games for us are pretty much playoff games. We have to win every game and play to the best of our ability," said Francolini on the Pioneer Vision.

Last Wednesday, the Sacred Heart University men's soccer team tied the Yale Bulldogs 1-1 on a cold rainy night at Campus Field.

It was a back and forth battle of possession in the beginning minutes of the first half, but the Pioneers had an opportunity in the 21st minute. A Bulldog defender committed a foul, giving the Pioneers a penalty kick.

Sophomore defender Omer Levy took the penalty kick but it was Yale's junior goalkeeper Bobby Thalman who won the battle, making a diving save to keep the game at zero all.

Several minutes later, the Bulldogs had their own opportunity to lead the game.

At the 32 minute mark, Yale sophomore forward Peter Jacobson found the back of the net off a header.

His teammate sophomore midfielder Jenner Fox crossed the ball off a free kick from 30 yards out.

With one minute left in the first half, the Pioneers offense put the pressure on as they kept the ball in the Bulldogs defensive half but were unable to even out the score.

The Pioneers went into halftime down by one, but momentum from the end of the first half carried over into the second.

Sacred Heart wasted no time getting on the score board.

Five minutes into the second half, Levy took a pass from junior forward Brian Francolini and sent it into the back of the net

tying the game at one.

In the 58th minute, the Bulldogs had the chance to give themselves the lead when Sacred Heart committed a foul, giving the Bulldogs a penalty kick.

Fait came up with a diving save to keep the game tied.

Both teams had several opportunities to take the lead, but the goalkeepers were unyielding.

Fait finished with eight saves during regulation time while Bulldog goalkeeper Thalman finished with six.

The game went into overtime, but neither team came out victorious.

After the weekend, the team reflected positively on their performance.

"We're playing as a team, we don't have any individuals who just play for themselves, everyone's playing together as a team," said Francolini.

The Pioneers will travel to Saint Francis in New York on Oct. 30 and the host Quinnipiac on Nov. 3 as they look to keep their conference unbeaten streak.

2011 Conference Play

@ Robert Morris	W, 1-0
@ St. Francis (PA)	L, 1-0
@ Long Island	T, 1-1
Fairleigh Dickinson	T, 1-1
Mount St. Mary's	W, 1-0
Monmouth	W, 1-0
Central Connecticut State	W, 2-0

FOOTBALL SACKED BY MONMOUTH

Ryan Hannable
Editor-in-Chief

A sunny, fall afternoon on Family Weekend at Campus Field was the perfect setting for the Pioneers football team to earn their fifth straight win, but the Monmouth Hawks had other ideas as they defeated the Pioneers 31-17.

The standing room only crowd of 3,468 fans in attendance were treated to a back and forth game before the Hawks pulled away in the second half.

"It was frustrating to have our win streak snapped after remaining hot four weeks in a row" said junior linebacker Nikko Sierra, who recorded nine tackles in the loss.

"We weren't able to capitalize on several occasions that were detrimental throughout the game."

Monmouth scored the first 10 points of the game. The first score came with 46 seconds left in the first quarter when Justin Pandorf caught a 31-yard pass from quarterback Craig Peterson giving the visiting Hawks a 7-0 lead.

The Hawks stuck again early in the second quarter on a Eric Spillane 23-yard field goal, to give the Hawks a 10-0 lead.

Sacred Heart answered with a touchdown of their own with 4:32 remaining in the first half when red shirt sophomore quarterback Tim Little and sophomore running back Greg Moore improvised for a 7-yard touchdown reception.

Moore ran a wheel route to the back of the end zone, but when that was covered he cut back inside and Little found him for the Pioneers first touchdown of the after-

noon.

Red-shirt freshman Chris Rogers added the extra point cutting the deficit to 10-7 as the teams entered the locker room at the half.

The Pioneers came out firing on the first drive of the second half going 66 yards in seven plays, capped off by a 25-yard touchdown reception by senior tight end Rich Rossi from Little. Rogers' extra point gave the Pioneers a 14-10 lead.

Monmouth then took control of the game, scoring on their next two possessions. Both of them were finished by touchdown runs by running back Julian Hayes. The first was an 8-yard run, while the second was a 4-yarder.

The Hawks now had a 24-14 lead with 11:27 left in the fourth quarter.

With 6:53 remaining in the game Rogers booted a 34-yard field goal, cutting the deficit to 24-17, and a one-score game.

Hayes iced the game for the Hawks with a 15-yard touchdown run just 39 seconds later, giving them a 31-17 lead, which would be the final score.

The Pioneers saw their longest win streak since 2008 come to an abrupt end, but the Pioneers are focused on getting back on the winning track.

"We need to get back on the same page and just play our own game and keep the confidence that we had a few weeks back," said freshman running back Keshaudas Spence.

Little finished the afternoon 28-46 passing for 236 yards and two touchdowns. He did throw two interceptions.

Senior wide receiver Jo Jo Jamiel caught nine passes, a team-high, for 58



The Spectrum/Sean Elliott

Red shirt freshman Rickey Moore Jr. (#17) breaks a tackle in Saturday's loss.

yards.

The Pioneers couldn't get much going on the ground as Spence and Moore only combined for 70 yards on 23 carries. This coming after a game where both of them went over the 100-yard mark in last week's win over Saint Francis P.A.

Defensively, the Pioneers were led by junior linebacker Chris Mandas. He tallied a season-high 16 tackles and was all over the field.

"Chris has been a great leader and was named a captain almost unanimously,"

said head coach Paul Gorham to the official Pioneers website following the game. "He does everything to give you a chance. He's our safety net."

Sacred Heart will travel to Robert Morris Saturday afternoon in an NEC match up with a 12 noon kickoff.

"We just to stay focused and do what we need to do to get the job done," said senior wide receiver Garry Coles.

Staff reporter Peter Mormino contributed to this article.

WEEKEND SPLIT FOR W. VOLLEYBALL

Dan Otzel, Morgan Mireski
Asst. Sports Editors

The women's Volleyball team went 1-1 this past weekend facing Long Island University and Central Connecticut State University.

On Friday the Pioneers took on Central Connecticut in the Pitt Center in front of the family weekend crowd.

The Pioneers started the first set strong, as they took the commanding lead of 5-1. Not only was the offence strong for the Pioneers, but the defense pulled through just as well.

Junior Johanna Ovsenek, led the Pioneer attack with 15 kills, as well as senior Jessica Colberg who led the defense with 17 digs.

The Pioneers ended the first set with a score of 25-14. Junior Elise Sage had a career high of 13 kills against Blue Devils.

As the match continued, Central Connecticut struggled in the second set, with seven attacking errors making the hitting percentage in the negatives. The Pioneers finished the set 25-18.

As the third set came around, the CCSU Blue Devils answered back to the Pioneers, taking the quick lead of 10-4.

The Pioneers would not be able to answer back, the set ended 25-17.

The Pioneers responded back to the Blue Devils, starting off the fourth set off with seven points early, making the score 8-1.

The Pioneers ended the set with the final score of 25-14. For the match the Pioneers had 57 digs and nine aces.

The Pioneers took the 3-1 win over the Blue Devils, in hopes to keep the win-

ning streak alive at Long Island University.

Coming off the win, the Pioneers dropped a five set, roller-coaster affair, against Long Island on Sunday afternoon.

In front of 117 spectators at the Wellness Center in Brooklyn, the Northeast Conference's top team handed the Pioneers their second conference loss.

The LIU Blackbirds jumped out to an early lead in the first set and never relinquished it.

Led by sophomore Hanna Gibeau, Long Island would wrap up the set, 25-21.

For her efforts, and her match-high 21 kills, Gibeau would earn herself NEC Player of the Week status.

The Blackbirds would again take a lead in the second set, 16-10, but Sacred Heart would rally to tie the match at 17.

The rally started with a big kill from Sage and finished with the Pioneers taking the set, 25-22.

The shoe was on the other foot in the third set. Sacred Heart would take a 20-15 lead before losing it to Gibeau and Long Island, 26-24.

The fourth set would be all Pioneers. Ovsenek, who finished with a team-high three blocks, started the assault that would win the set, 25-17.

In the decisive set, the Blackbirds would prove to be more than Sacred Heart could handle. The Pioneers grabbed a quick 1-0 lead, but that didn't last.

Long Island answered with the next three points and never looked back. The Blackbirds would take the set, 15-6, and the match, 3-2.

Sacred Heart hits the road again, as they travel to Madison, New Jersey to take on Fairleigh Dickinson University.

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8pm Electronic Game Night
with Drink Specials & Prizes

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AN EDITOR'S YANKEE PITCHING PREVIEW

Dan Otzel
Asst. Sports Editor

Normally, when a Major League Baseball franchise has a season in which it wins 97 games and a division title, the year is a success.

Not for the New York Yankees.

In an ethos left over from the tyrannical regime of George Steinbrenner, affectionately nicknamed "The Boss," a year without a World Series title is a complete and utter failure.

So, how can the 2012 Yankees change the culture of two years of failure?

I will tell you.

The Bronx Bombers are aptly named. In 2011, the Yankees displayed ferocious power and focused discipline, as they led the majors in walks (627) and home runs (222).

They showcase sluggers like Robinson Cano and Mark Teixeira. Their lineup is home to future Hall of Famers like Derek Jeter and Alex Rodriguez.

And, prospects like Jesus Montero and Eduardo Nunez ensure that the Yankees will have that same power in the years to come.

With large contracts and aging players tough to move, the Yankee hitters are pretty much embedded in their positions. This leaves Yankee General Manager Brian Cashman with just a few options in the offseason.

So, let's discuss something more important. Let's discuss pitching.

The Yankees boast one of the best starting pitchers in the game, CC Sabathia. The big lefty is one of the few true aces left toeing the slab.

However, if he exercises the opt-out clause in his contract (to seek a new deal with more money or years); the Yankees have no option but to re-sign the 19-game

winner.

There are no genuine aces in free agency or on the trade block (the Yankees already had a deal fall through for Seattle's "King" Felix Hernandez in 2010).

To make a run like the one the Yankees want to make, they need an ace, and Sabathia is that horse and, quite frankly, their only option. Bringing Sabathia back to the top of the Yankee rotation should be the number-one priority of Cashman's winter.

Behind the big shadow of Sabathia is rookie Ivan Nova. Nova pitched so well during the regular season (16 wins) that he was penciled in for a Game 2 start in the American League Division Series against the Detroit Tigers.

However, inclement weather forced manager Joe Girardi's hand, and Nova came up with the win in Game 1. Nova projects to be a solid two or three starter, and the homegrown Yankee should have a home in the rotation for as long as he pitches well.

Then, there's A.J. Burnett. In 2009, the beleaguered righty inked a five-year, \$82.5 million deal after coming off an 18 win season with the Toronto Blue Jays.

In three seasons with the Yankees, Burnett has been terrible, averaging 11 wins per season and pitching to a ballooned Earned Run Average (ERA).

In terms of Burnett, there is not much Yankees brass or fans can do. With an enormous contract that cannot be moved, all Yankee Universe can do is hold their breath and hope that he can harness his undeniable talent and transform from a thrower to a pitcher.

Righty Phil Hughes may or may not have a starting rotation spot. Hughes pitched great out of the bullpen in 2009 and won 18 games as a starter in 2010. But, in 2011, Hughes battled injuries and inconsistency and could not find his niche.

With a loaded Yankee bullpen, I be-



The Spectrum/Sean Elliott

Phil Hughes battled injuries much of this season and will look to rebound.

lieve Hughes should get another chance to become a starter and grow into the first-round arm the Yankees still expect to consistently see.

But, to round out the five-man rotation, the Yankees need one more starter. Instead of signing back-end veterans (Freddie Garcia and Bartolo Colon) I propose signing one of the front-end pitchers that could not only pitch every turn, but who can also easily break into the playoff rotation and become a solid number two behind Sabathia.

At the top of my list is Mark Buehrle of the Chicago White Sox. My secondary option is C.J. Wilson, but it would be hard to pry him from re-signing with the Texas Rangers. Other options include Jeff Francis and Jon Garland.

Now, I propose adopting the old Minnesota Twins system and put future starter, Dellin Betances, in the bullpen to learn and grow as a pitcher by being the long man.

Joining Betances in the bullpen would be the greatest closer of all time, Mariano Rivera, and one of the best set-up men in the game, David Robertson.

I would scrap Boone Logan as the lefthander and use, if healthy, Pedro Feliciano. If Feliciano is not healthy I would sign a guy like John Grabow of the Chicago Cubs.

Like Sabathia, seventh-inning man Rafael Soriano has an opt-out clause in his contract. Soriano probably will leave the Yankees to become a closer on another club. If he does come back, however, the Yankee bullpen will essentially shorten games to six innings.

For middle relief, the Yankees had major contributions from Cory Wade and Luis Ayala in 2011. The Yankees will most likely keep these two, but, they should safeguard (as they did with Wade and Ayala) by signing other capable veteran relievers who can still be useful when called upon.

PIONEERS STILL IN PLAYOFF CONTENTION

Leah Salindong
Staff Reporter

The ball soared past Wagner goalkeeper, Kate Marcy, from a shot taken at the 10-yard mark by junior midfielder Jen Mulvey with an assist from junior Mikaela Wolf.

This goal proved to be the game winner as the Sacred Heart women's soccer team defeated Wagner at Wagner College Stadium in Staten Island this past Friday.

The Pioneers scored their one and only goal of the game at the 43:00 minute mark of the first half.

Sacred Heart had many offensive opportunities as the had 15 shots, 10 of which were on goal. The top shooters for the Pioneers were Mulvey, Amanda Stiles, and Kristin Verrette with three shots each.

"We were able to have so many offensive opportunities simply because their defense couldn't keep up with our midfielders and forwards," said junior forward Ashley Moore.

In addition to the successful offensive effort, a strong Pioneer defense held off the Seahawks, something that has been consistent for the Pioneers this season.

"The team works very hard in every game," said head coach Kim Banner. "They really want to go as far as they possibly can so with that determination they are really pushing themselves as much as they can to be successful."

The Seahawks were held to only four shots, none of which were on goal. Pio-

neer goalkeeper Sydney Judkins was able to have an uneventful game, making zero saves in the shutout.

The win against Wagner was Judkins' second shutout of the 2011 season. The previous one was against Northeast Conference competitor Bryant University.

"A positive of [Friday's] game was definitely our defense, they didn't allow a single shot off for Sydney," said Moore.

Marcy was able to keep the Seahawks in the game, repelling nine shots.

Despite Marcy's efforts, the Pioneers were able to put one past her late in the first half.

"Something our team needs to work on is not letting other teams who play a kick and run style game dictate our style of play, which is to possess the ball," said Moore.

By playing their game, Sacred Heart looked to take control against another Northeast Conference competitor, Long Island University, last Sunday in Brookville, N.Y.

"We [looked] to play more of our game against Long Island. They are very direct and aggressive. So we [needed] to be strong against them," said Banner.

The Sacred Heart Pioneers were unable to defeat the Long Island Blackbirds on Sunday. The Pioneers fell 1-0 in a close game at LIU Field.

Sacred Heart was able to out shoot Long Island 9-6, both teams having three shots on goal.

"It was more of what we didn't do



The Spectrum/Leah Salindong

Sophomore Alyssa Brandofino (#16) kicks the ball down field towards the goal.

than what they did do that influenced the outcome of the game. We couldn't put the ball in the back of the net despite our opportunities," said Moore.

The Blackbirds were able to score in the 39:38 minute mark of the first half on a break away, with the goal from Caroline Kaplan on an assist from Jessica Roelant.

"Long island is always a strong competitor, as they generally have a good program," said Moore.

The Pioneers played another strong defensive game against Long Island. The Sacred Heart Pioneers' defense only allowed three shots on goal. Judkins made two saves.

"Our defense played another great game, the goal that went in was a serious error in officiating. We played with heart and that's all you can ask for, it just didn't fall for us today," said Moore.

With the Northeast Conference tournament approaching in early November, the Pioneers look to stay strong and focused.

"As of right now, looking at the standings are we could finish anywhere from second to sixth so as we take on our last three season games we all know exactly what's at stake," said Moore.

SHU PLAYERS RANKED IN NEC'S 'TOP 20 TO WATCH'

Emily Cordero
Staff Reporter

This season, four Sacred Heart University players have found themselves ranked in the top 20 athletes to watch in the Northeast Conference.

Marcello Castro, Sydney Judkins, Alyssa Brandofino and Amanda Stiles all from the Pioneers men and women's soccer teams, have made the cut this year according to Topdrawersoccer.com.

Each season, Topdrawersoccer.com nominates college students from both division and club soccer teams for national rankings of individual players.

The website is updated with news, blogs, recruitment, tournaments and the players to watch each season.

The players to watch section compiles recommendations of players in each conference of Division I soccer to rank.

No input from the player's coaches or parents are allowed to give recommendations and give input on players for sake of creditability.

Castro, a junior defensemen and captain of the Pioneers men's soccer team, is currently ranked seventh.

"I felt very honored and at the same time very happy because I could contribute to the Sacred Heart men's soccer program," said Castro.

Castro, a native of Parana, Brazil started his career at Sacred Heart in 2009 starting 16 games that season and scoring three goals.

Castro earned his seventh rank from his outstanding 2010 season with the Pioneers.

Among his many accomplishments Castro was awarded the 2010 NEC Defensive Player of the Year and Adidas Player of the week in September of 2010.

He was a member of the first team in the All-NEC selections and was a member of the NEC All-Tournament team.

In his 2010 season he led the Pioneers in scoring with 12 points and he is currently leading the Pioneers this season with four goals, three of those goals being game

winners.

Castro found out about his ranking on the Topdrawersoccer.com from teammate Marcelo Simoes.

"They were all very happy for me and congratulated me. I told them I could never get this without them," said Castro about his fellow teammates.

The Lady Pioneers found three of their own players nominated for the NEC players to watch.

Stiles, a senior was ranked 13th, sophomore Brandofino took the 15th spot and junior Judkins snagged the 18th ranking.

"Having three players honored is a pleasure," said head coach Kim Banner.

"They are hard working, dedicated players. But without the rest of the team and their dedication and work ethic these players would not be able to shine," said Banner.

Stiles, a forward/midfielder from Miller Place, NY, is leading the Pioneers with one assist and five goals this season, two of them being game winners.

"It hasn't changed my mind set at all going into games," said Stiles.

"I still have the same focus as I had all season. This is my senior season and I want it to be as successful as possible."

Last season, Stiles found herself dominating with 13 points, four goals and five assists total.

Right behind Stiles, Brandofino led the Pioneers with six assists in 2010 while making 18 starts in her rookie season for the Pioneers.

Brandofino, another native of New York, is a defensemen for the Pioneers and the youngest in the trio to be ranked.

Although Brandofino is ranked 15th in the NEC and the only defender to be ranked, it doesn't change her mind set about her playing or her interactions with the team.

"We can't get wrapped up in the rankings because we still have four more games and hopefully playoffs to concentrate on," said Brandofino.

"It's a nice honor to be recognized by the conference, however, come game time,



The Spectrum/Emily Pepe

2010 Defensive Player of the Year Marcello Castro (#10).

other teams do not care if you are the best player in the world or the worst, they just want to beat you."

Right behind Brandofino in the 18 spot is Judkins, the goalkeeper for the Pioneers. So far this season, Judkins has made a total of 50 saves in 13 games.

"I've been playing soccer the same way since I was 8 years old, for the love of the game, and my focus is still on trying to improve each time I play," said Judkins.

Judkins, who is one of the only two goalkeepers ranked, started her career with the Pioneers officially last year.

Both teams still have a tough schedule ahead of them and are quick to put the individual accolades behind them and maintain a team first attitude.

NFL AND NFLPA DISPUTE OVER HGH TESTING

Bill Romaniello
Staff Reporter

Representatives for the National Football League (NFL), the league's player association (NFLPA) and congress were left with an undesirable taste in their mouths after emerging from their hour-long meeting last week without a verdict.

The groups have been back and forth in debate over whether or not players should be tested for human growth hormones (HGH).

The NFL and the NFLPA continue to battle over the issue, however the players association recently rejected the NFL's proposal to test players for HGH.

"The NFL should test their players for HGH in order to make sure they are doing their best to keep a level playing field," said Sacred Heart athletic trainer Ben Batchelder in support of the NFL.

"There are athletes out there that will always be looking for that extra edge, especially when you are talking about paying these players millions of dollars."

Athletes use human growth hormones to enhance their physical attributes such as strength, speed and power.

These hormones stimulate growth and the reproduction and regeneration of cells within humans, giving the user a competi-

tive edge.

"HGH alters naturally-produced hormone levels to an unsafe level," Batchelder said. "These hormones can put you at more risk for injury, something the NFL cannot afford to have."

HGH allows the user to gain a substantial amount of muscle mass while also allowing for an abnormal rate of recovery.

"Any substance that allows you to do such a thing is cheating," said senior football player Paul Graziadei.

"This was a product designed for medical use, not for an athlete who wants to gain 30 pounds in season."

Although there are many issues surrounding this battle, the NFLPA claims that until the NFL and congress can come up with a safe and effective way of testing, their position on the matter will remain as is.

Back in July, the NFL and it's players agreed to begin blood testing for HGH but only if the players association agreed with the method in which they test.

According to The Associated Press, virtually two dozen scientists and lab directors signed a letter, which was sent to the NFL and the NFLPA, stating the current HGH test is safe, scientifically reliable and appropriate for use in professional sports leagues.

"HGH testing is inevitable," said

Batchelder.

"However, there will always be another tool that athletes will use in order to try and get ahead. I think it's important that NFL sets the standard for other professional and amateur organizations and be as strict as possible on their athletes and their use of supplements."

The NFLPA wants to see evidence of a population study, giving them an idea of the data that was collected. They want to further understand what constitutes a positive test.

According to a letter obtained by The Associated Press, NFL Commissioner Roger Goodell told Congress that members of the U.S. anti-doping agency (USADA) would be "available to meet with the players and NFLPA officials to review information on testing and the underlying science."

Although the union told the NFL to hold off from any blood samples as of Tuesday, Goodell also made it clear that a third party will meet with the world anti-doping agency (WADA) as well.

While this issue continues to circulate around the league, some believe the outcome is inevitable.

"The NFL will most definitely win against the union. HGH is an illegal substance unless otherwise prescribed and the courts will honor the fact that no athlete

has the right to use this for any other use than medically," Graziadei said.

Some believe the players and its association have the right to reject HGH testing.

"The NFL will erupt. If big time players start testing positive, the league is going to have their hands full," said junior Jake Cuneo.

Others believe it is more important that the NFL sets a positive example for the youth.

"It is an illegal substance that can have harmful affects on the person using," said Graziadei.

"The NFL has to look out for the safety of their players and must set a positive precedent for the youth of America today."

According to Graziadei, the NFL's reputation may be on the line in this case.

"In today's world athletes are seen as gods," he said.

"By allowing this potential substance to be used or to not test and avoid the problem, the NFL seriously jeopardizes its integrity."

"Most times players confide in professionals anyways when supplementing. HGH has never been proven harmful for anyone's health when supplemented correctly and with the knowledge of professional doctors."

Sports

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www.sacredheartspectrum.com

Pioneers' Win-Streak Snapped



The Spectrum/Sean Elliott

Senior tight end Rich Rossi (#11) looks to bring in a pass from red shirt-sophomore quarterback Tim Little in Saturday's loss to Monmouth.